

Lent 2019 – Resources

Isaiah 58:6-7

Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter - when you see the naked, to clothe them, and not to turn away from your own flesh and blood?

Lent in Three Minutes

<https://bustedhalo.com/video/watch-lent-3-minutes>

https://www.youtube.com/watch?v=zAuB-3V46zk&list=PLfIV99jZo_dUf8qoGrv7zptxaers7xuSH&index=11

Ash Wednesday

<https://bustedhalo.com/ministry-resources/ash-wednesday-isnt-downer>

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/ash-wednesday>

https://www.youtube.com/watch?v=3DB-I5SnMRg&list=PLfIV99jZo_dUf8qoGrv7zptxaers7xuSH&index=12

Xt3 Lent Calendar 2019

<https://www.youtube.com/watch?v=y0zwIRXGeF4&feature=youtu.be>

Living Lent Daily

“This Lent, foster a daily practice of spiritual calm where God is at the centre. *Living Lent Daily* is a daily e-mail series delivering fresh reflections based on the Scriptures of Lent. Each day’s message includes a quotation from the day’s Scripture readings and a brief reflection to spur meditation, prayer, and self-examination. The messages also include suggestions for further exploration of Lenten themes through additional online articles and prayers.”

<http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/living-lent-daily>

Hearing, Happening, Hoping Series for Lent

<http://education.dublindiocese.ie/2017/02/17/hearing-happening-hoping-series-for-lent-2017/>

LENT 2019

The Story of Lent

To download the [Lent PowerPoint](#) from authorSTREAM, click on the link above or the image to the left.

<http://catechistsjourney.loyolapress.com/2014/01/free-lenten-powerpoint/>

Pruning for Lent

<http://bustedhalo.com/ministry-resources/pruning-for-lent>



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